

SCS Lunch Menu (September)

30(Mon)	31(Tue)	1(Wed)	2(Thurs)	3(Fri)
Rice	Stir fried Black bean & Pork	Rice	Rice	Rice
Twenjag Chigae	Rice	Sprouts soup	hamburger steak	Noodle with Kimchi
Hot chicken	Chicken Noddle Soup	Squid&Pork Bulgogi	Cream soup	Pork Cutlets
Acorn jelly	Scrambled egg	Chives pancake	Beans&Garlic	Cabbage Salad
Sprouts salad	Fruit salad	Lettuce/Vegi stick	Macaroni salad	Yellow Radish
Kimchi	Kimchi	Kimchi	Kimchi	Kimchi/ Yogurt
6(Mon)	7(Tue)	8(Wed)	9(Thurs)	10(Fri)
Rice	Chicken Curry&Rice	Rice	Tomato sauce Spaghetti	Rice
Soft tofu Chigae	Fried Tofu soup	Mushroom miso soup	Fried Potato	Fishcake soup
Sweet fried Pork	Broccoli&Mushroom	Fried Pork & Vege	Cream soup	Stir fried Squid
Stir fried potato	Coleslaw	Fried Tofu	Mushroom&Tender	Corn Croquette
Cucumber salad	Fruit	Fried Zucchini	Green Salad	Vege mixed with Twenjag
Kimchi	Kimchi	Stir fried Kimchi	Pickle/Garlic bread	Sliced Radish kimchi
13(Mon)	14(Tue)	15(Wed)	16(Thurs)	17(Fri)
Rice	Barbeque pork chop	Solung Tang	Stir-fried Teriyaki Chicken	Kimchi Fried
Sprouts Soup	Rice	Rice	Rice	Tofu Twenjag Soup
Stir fried Hot Pork	seaweed Soup	Grilles Fish	Dried Pollack Soup	Fried Mandoo
Cabbage	Mushroom & onion	Seafood pancake	Potato Croquette	Soy sauce Tukpoki
Chicory&apple salad	Hwaiian Salad	Pak Choi Salad	seaweed Salad	Squid with vinegar
Kimchi	Kimchi	Radish Pickles	Kimchi	Sliced Radish kimchi
20(Mon)	21(Tue)	22(Wed)	23(Thurs)	24(Fri)
Rice				
Beef & Radish Soup				
Steamed SpicyChicken	No - school			
Small Korean pancake				
Fresh Cucumber/Kimchi				
Dduck				
27(Mon)	28(Tue)	29(Wed)	30(Thurs)	
Rice	Meat sauce Spaghetti	Rice	Grilled sausage	
Bean paste soup	Cr. Broccoli soup	Tuna&Kimchi soup	Fried rice	
Steamed Pork	Potato wedge	Dduck galbi	Bean paste soup	
Stir fried Fish cake	Beans & Onion	Chapchae	Green Beans	
Sprouts	Corn salad	Spinach salad	Green Salad	
Kimchi	Pickles/Galic bread	Radish Pickles	Kimchi	

Menu can be changed without notification when it is needed